



## Employment Opportunity

**Title: Wellness Navigator**

**Contract:** 0.5 FTE (half-time) (some flexibility required based on operational needs)

**Location:** 46048 Lougheed Hwy., Harrison Mills, BC, V0M 1L0

**Compensation:** commensurate with experience and qualifications, between range of \$32-\$37/hour; generous benefits package and pension

**Hours:** Standard Office Hours-17.5 hours per week, with flexibility

The **Éyameth' Health Centre** provides safe, accessible, culturally grounded primary care for all residents north of the Fraser River between Agassiz and Mission. Its vision is to create a community-driven medical clinic and centre of excellence that integrates innovative health and wellness services to address regional care gaps and inequities.

The **Wellness Navigator**, reporting to the Executive Director, supports individuals, families, and communities—including those with chronic conditions—by enhancing health literacy, creating wellness plans, and helping clients navigate the full health and social service system. The role promotes person-centered, wholistic care, blends western and traditional practices, and actively collaborates with FNHA, FHA, local communities, and the team of Elders, traditional healers, and care providers. Most importantly, the Wellness Navigator understands the importance of appreciative inquiry, client-driven health and wellness methods, and collaborates with, supports and empowers clients and families to advocate for their needs to achieve the best health outcomes.

### Key Responsibilities

- Support clients in developing individualized health and wellness plans.
- Contribute to a regional health literacy plan.
- Improve access to health and wellness programs and services.
- Promote culturally safe, anti-racist, person-centered care in all settings.
- Build partnerships with community and health service providers.
- Connect clients to appropriate health, education, and social services.
- Support clients across the continuum of care, including harm reduction, primary care, mental health, palliative care, and wellness services.

### Education & Experience

- Post-secondary education and experience; priority given to local knowledge.
- Significant experience working with First Nations individuals and families.
- Experience navigating or coordinating care within FHA/FNHA systems is an asset.
- Understanding of cultural and spiritual practices, system mapping, chronic conditions, and colonial system navigation.

### Knowledge & Skills

- Strong knowledge of health systems, community resources, and the North Fraser region.
- Deep understanding of Indigenous/wholistic wellness needs and teachings.
- Skilled in trauma-informed, wellness-informed, appreciative inquiry practice.
- Competent in culturally appropriate interviewing and client-centered support.

### Qualifications

- Ongoing Cultural Safety training.
- Minimum 3 years relevant experience in clinical/community support or navigation roles.
- Valid BC driver's license; willingness to attend training; CPR an asset.

**Application Deadline: Open Until Filled**

Email resume and cover letter to [humanresources@stsailles.com](mailto:humanresources@stsailles.com)

ANTICIPATED HIRE DATE: December 2025

Find more info and link to apply at:

[www.eyameth.com](http://www.eyameth.com)